

2023 Community Health Improvement Plan Progress Report

Objective in CHIP	Strategy/action steps written into the CHIP	Strategy/Action Steps	Progress	Goal Met, Unmet, or In progress
Objective 1: Access Healthcare Services Goal: Improve access to healthcare and support services for all Shelby County Residents.	Strategy 1: Utilize a variety of outreach opportunities to facilitate health maintenance.	Offer immunizations/lead checks/health education at Community Health building.	Lead testing at WIC clinics monthly and Community Health building as needed.	On-going
		Social media post on Myrtue Medical Center Facebook page.	Monthly information posted on multiple health topics.	On-going
		Myrtue Medical Center message board.	Displaying health events.	On-going
		“Did You Know?” weekly newsletter from Shelby County Chamber of Commerce and Industry	Sharing health information and events taking place around the county	On-going
	Strategy 2: Partner with local resources to increase access to transportation for healthcare.	Partner with RSVP (Retired Senior Volunteer Program) to provide transportation to and from medical appointments.	October 2023 finalizing this partnership.	On-going
		Partner with SWITA Bus to provide transportation to and from medical appointment.	Continue working with the SWITA Bus.	On-going
	Strategy 3: Develop and implement a	Partner with RSVP (Retired Senior Volunteer Program) to provide	October 2023 finalizing this partnership.	Goal met: November 2023 RSVP Program launched at Myrtue Medical Center.

	transportation that will fill identified gaps.	transportation to and from medical appointments.		
	Strategy 4: Provide promotional activities including education, workshop, integrating preventative care.	March 2024: Planning Senior Health and Fitness Day at Peterson Wellness Center.	Event scheduled for May 29, 2024.	Goal met: May 29, 2024 Senior Health and Fitness Day at Peterson Wellness Center occurred.
		April 2024: Planning Kids Fest 2025.	Event scheduled for April 26, 2025.	In progress
		January 2024: Planning for Mental Health Awareness event	Event scheduled for May 16, 2024.	Goal met: May 16, 2024 Mental Health Action day occurred. 1 pm-4pm at Petersen Wellness Center was Mental Illness Simulations & Resource Fair (experience an immersive simulation of depression, anxiety, addiction, or ADHD and connect with area resources that support mental health for you and your loved ones) 5:30pm -7 pm Community Walk (Chris Adcock from NAMI Southwest Iowa shared her experience with a mental illness and gather as a community to support mental health with interactive activities, food trucks and more)

		August 2024: Bike Safety Rodeo.	Event scheduled for August 3, 2024.	Goal met: Harlan Community Library along with local bike club held a Bike Safety Rodeo at Vets Auditorium in Harlan.
		August 2024: National Night Out	Event scheduled for August 6, 2024.	Goal met: Harlan Fire Department, EMS, Shelby County Sheriff Department, EMA and several local businesses sponsored this event. Large number of citizens attended this night out.
	Strategy 5: Expand Mental Health Services to Shelby County residents.			
	Strategy 6: Myrtue Medical Center will review after-hour options to ensure our patients have convenient availability when needed.	Myrtue Medical Center will start a Quick Care Clinic for evening and weekend clinics.		Goal Met! On January 20, 24 Myrtue Medical Center extended clinic hours to 8pm Monday-Thursday, Friday until 6pm, Saturday 8am-4pm, Sunday 11am-3pm
	Strategy 7: Myrtue Medical Center will strive to maintain the current services offered and recruit needed and new beneficial service.	Myrtue Medical Center Public Flu vaccine clinics throughout Shelby County.	August 2024: Planning Flu vaccine dates and sites.	
Objective 2: Environmental Health Issues. Goal 1: Make Shelby County residents aware of	Strategy 1: Collaborate with the Shelby County EMA and local fire departments about			

ongoing concerns about water access in the midst of continued drought.	alternative water sources for fire suppression.			
	Strategy 2: Provide education to Shelby County Residents about ways to conserve water.	West Central Iowa Rural Water Association educated their consumers about ways to conserve water.	Summer 2024 letter sent to consumers on be mindful of water use.	On-going
	Strategy 3: Identify resources in Shelby County to assist with health water supply for residential, commercial, and agricultural use.			
	Strategy 4: Collaborate with community resources to increase community education on well rehab, testing and water testing results.			
Goal 2: Increase awareness about radon in Shelby County.	Strategy 1: Collaborate with Shelby County Public Health and Shelby County Environmental Health to educate the public about radon and health effects.	January 2024: Myrtue Medical Center posted a Social Media post on Radon.	Provide awareness to the county.	On-going
		February 2024, Public Health is working with a BSN nursing student on a radon education.	February 2024, meet with Lyndsey Miller on an overview of radon, needs of the community.	March 15, 2024 Lyndsey Miller, RN, presented a power point and brochure on radon.
	Strategy 2: inform Shelby County residents where to purchase radon test kits. Assist persons with	January 2024: Myrtue Medical Center posted a Social Media post on	Provide up to date information on where to find/purchase kits.	On-going

	increase radon level with mitigation resources.	where to purchase radon kits.		
	Strategy 3: Research funding sources for radon services.			
Objective 3: Community Protective Factors Goal: Increase awareness of health information, life styles, and chronic illnesses.	Strategy 1: Enhance protective factors for Shelby County residents.			
	Strategy 2: Collaborate with current community resources to increase community education on the following topics: *Vaping/Tobacco Use *Chronic Health conditions *Risky Health Behaviors *Mental Health Issues	Myrtue Medical Center Behavior Health having a Mental Health Action Day on May 16 th .	Event Scheduled for May 16, 2024.	Goal met: May 16, 2024 Mental Health Action day occurred. 1 pm-4pm at Petersen Wellness Center was Mental Illness Simulations & Resource Fair (experience an immersive simulation of depression, anxiety, addiction, or ADHD and connect with area resources that support mental health for you and your loved ones) 5:30pm -7 pm Community Walk (Chris Adcock from NAMI Southwest Iowa shared her experience with a mental illness and gather as a community to support mental health with interactive activities, food trucks and more)

		Social Media post on vaping.	April 2024: Myrtue Medical Center Facebook had a post on vaping.	On-going
		Shelby County Public Health partnered with Manning Regional Recovery Center to educate school staff on risky health behaviors.	April 2024: Irwin School staff educated on vaping, Narcan, and opioid use.	On-going
Objective 4: Social Determinants of Health Goal: Address social determinants to reduce health inequities.	Strategy 1: Collaborate with childcare providers to educate community resources			
	Strategy 2: Explore opportunities to share information in multiple media platforms.	Partnership with Harlan Community Schools (school credit class) and Shelby County Wellness inform Shelby County Residents on upcoming events and health topics.		
	Strategy 3: Continue screening to identify depression, suicide risk, and substance use.			
	Strategy 4: Continue to collaborate with Shelby County Wellness Alliance to document existing programs and resources for healthy food.	Shelby County Wellness Alliance: Eat Well working with Harlan Community Schools to start hydroponics growing stations.	January 2024: Mary Buchanan started working with nine teachers at Harlan School.	March 2024: Hydroponics growing stations started producing food for students!
		Grow Another Row: Self – Service Produce Stands	Summer 2024: Place self-service produce stands around the county.	On-going As of August 2024 there is self-service produce

		sponsored by Master Gardeners.		stands in towns around the county.
	Strategy 5: Provide consistent messaging, with a focus of long-term benefits, regarding consumption of healthy food and beverages throughout the community.	Social Media post on nutrition and health conditions.	March 2024: Myrtue Medical Center Facebook post had information on Dietary Guidelines: Disease Prevention and Diet for Healthy Teeth.	On-going
	Strategy 6: Identify what we need to build and who we need to build for.			