MATERNITY PROVIDERS



BRIAN ANDERSON, DO

- · Harlan Clinic
- · Elk Horn Clinic



NATHALIE FRANCIS, MD, MPH

· Harlan Clinic



SCOTT MARKHAM, DO

· Harlan Clinic

NEWBORN PROVIDERS

You will need to determine which Myrtue provider you would like to care for your new little one. The available newborn providers include:

- · Brian Anderson, DO
- · Adam Bendorf, DO (English + Spanish)
- · Sarah Devine, MD, Pediatrician
- · Jill Ferry, PA-C
- Tina Flores Schechinger, MD (English + Spanish)
- · Nathalie Francis, MD, MPH
- · Scott Markham, DO
- · Sarah Mgonja, DNP

SCHEDULE A TOUR WITH US!

Schedule a tour today to meet our exceptional nursing staff, explore our Birthing Center features, and have all of your questions answered.

Contact our Birthing Center Manager, Michele Monson, RNC-OB:

- · 712.755.4299
- · mmonson@myrtuemedical.org

OUR SPECIAL FEATURES:

- · One-on-one individualized care
- Spacious and beautiful birthing suites in a secure and relaxed environment
- Support options for both medicated and unmedicated births (epidural, whirlpool) with up-to-date equipment
- Caring and knowledgeable staff who help guide you through your birth plan
- Stocked snack bar for support person(s)
- Obstetric and maternity provider is with you through every step of your pregnancy, labor, and delivery journey



1213 GARFIELD AVE | HARLAN, IA 51537 3RD FLOOR SUITE | 712.755.4244 MYRTUEMEDICAL.ORG

MYRTUE Medical Center



BIRTHING CENTER

Where Life's Story Begins...

WOMEN'S HEALTH TEAM

Myrtue's OB/GYN, Kelly Anderson, DO, FACOOG, dedicates her time and attention to ensure all of her patients are well cared for at each prenatal visit and stage of their pregnancy. She is very passionate about teaching and supporting her patients throughout their entire journey.

Jennifer Bruck, ARNP, has joined Dr. Anderson in Myrtue's Women's Health clinic, and provides obstetric support throughout pregnancy.

JENNIFER BRUCK, ARNP



PRENATAL PATIENT CARE OUTLOOK

Patients are able to start OB visits with Dr. Kelly Anderson as early as five to six weeks, or when they have a positive athome pregnancy test. Once the pregnancy has been confirmed, patients will begin their prenatal care based on the following timetable. Every patient's story is unique, this care outlook is a sample outline.

START - 28 WEEKS

- · Appointments every four weeks
- First initial ultrasound to confirm pregnancy
- · Genetic Testing + labs at 10 weeks
- · Anatomy ultrasound scan at 20 weeks

28 WEEKS - 36 WEEKS

- · Appointments every two weeks
- Gestational Diabetes screening + labs
- Additional anatomy and growth ultrasound at 28 weeks

36 WEEKS - BIRTH

- · Appointments every week
- · Additional growth ultrasound at 36 weeks

UNIOUE CARE WITH MYRTUE

- Sneak peak looks at baby during every appointment
- All obstetric and maternity physicians are here for your delivery day or night. Unlike other medical centers, our providers do not have rotating delivery schedules. They will oversee your appointments and will most-likely be present for your delivery.

OUR ADDITIONAL SERVICES

BREASTFEEDING SUPPORT

Patients are able to receive the services of our Internationally Board Certified Lactation Consultant, Cara Cacy, to assist with breastfeeding and promote a positive breastfeeding experience. Cara is available for prenatal and postpartum visits and can be contacted by phone or email at 712.755.4482 or ccacy@myrtuemedical.org.



CARA CACY, RN, IBCLC Internationally Board Certified Lactation Consultant + Car Seat Technician

CHILDBIRTH PREPARATION

There is a lot to learn about pregnancy, labor, and delivery. Whether you are a first-time parent or adding a new member to your growing family, we offer birthing classes to all patients. The Childbirth Preparation class offers an overview of what to expect and how to cope and work through the phases of labor. See our 2025 Childbirth Preparation Schedule on our website.

SCAN QR CODE TO VIEW OUR WEB PAGE:

