



MYRTUE
Medical Center

REHAB SERVICES
PROUDLY INTRODUCES

AQUATIC THERAPY & FITNESS

IN OUR NEW STATE OF THE ART FACILITY

FEATURING OUR NEW MAXIMUM PERFORMANCE HydroWorx 1200



MAXIMUM PERFORMANCE. MINIMUM REQUIREMENTS.

RESEARCH PROVEN BENEFITS OF AQUATIC THERAPY:

- Allows increased frequency, intensity and duration earlier in the rehab process than traditional land based therapy.
- Decreased stress on joints allows decreased pain so that the patient may have: a higher tolerance to aerobic activity, increased flexibility, and the ability to focus more on exercise form improving the quality of the activity.
- Excellent patient compliance.
- Easy transitions to land based activities.

APPROPRIATE FOR THE FOLLOWING CONDITIONS:

- **Chronic Musculoskeletal pain syndromes:** Arthritis, Fibromyalgia, radiating/non-radiating back pain.
- **Orthopedic procedures:** Joint Replacements, Ligament reconstructions, rotator cuff repairs, spinal procedures.
- **Pediatrics:** Down syndrome, Spina Bifida, Cerebral Palsy, Autism, juvenile RA, developmental delays, and sensory disorders
- **Neurological:** CVA, SCI, TBI, Parkinson's, MS

Our staff is trained in surgical waterproofing in a manner that, with physician's approval, would allow appropriate patients to begin aquatic therapy as soon as 6-10 days post op.



INTRODUCING OUR NEW REHAB SERVICES FACILITY



HOURS OF OPERATION:

7AM - 5PM MONDAY - FRIDAY

WEEKEND AND ADDITIONAL APPOINTMENT TIMES BY SPECIAL ARRANGEMENT

MYRTUE MEDICAL CENTER REHAB SERVICES

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